

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00am Sol Brunch	2 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30/7pm Max Fit Boot Camp 6pm STRONG Zumba	3 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30pm Camp Gladiator 6:30pm Cub Scouts Kids Eat Free/Taco Tuesday	4 5/9am Max Fit Boot Camp Wing Wednesday 5:30/7pm Max Fit Boot Camp 6:15pm Pound Workout	5 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5pm Texas Thursday's 5:30pm Camp Gladiator	6 5am Max Fit Boot Camp 9am Max Fit Boot Camp 6:00pm Food Truck Friday Family & Friends Special	7 Family & Friends Special 9am Yoga with Lisa
8 9:00am Sol Brunch	9 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30/7pm Max Fit Boot Camp 6pm STRONG Zumba 7pm Travel Club	10 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30pm Camp Gladiator 6:30pm Cub Scouts Kids Eat Free/Taco Tuesday	11 5/9am Max Fit Boot Camp Wing Wednesday 5:30/7pm Max Fit Boot Camp 6:15pm Pound Workout 6:30pm Move Night	12 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30pm Camp Gladiator 7pm Music on the Patio	13 5am Max Fit Boot Camp 9am Max Fit Boot Camp 8am Yoga with Lisa Family & Friends Special	14 Family & Friends Special 8am Strong by Zumba 8:30am Meridiana 5K
15 10:00am Café Sol Brunch Buffet	16 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30/7pm Max Fit Boot Camp 6pm STRONG Zumba	17 LUCK St. Patrick's Day 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30pm Camp Gladiator 6:30pm Cub Scouts Kids Eat Free/Taco Tuesday	18 5/9am Max Fit Boot Camp Wing Wednesday 5:30/7pm Max Fit Boot Camp 6:15pm Pound Workout	19 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5pm Texas Thursday's 5:30pm Camp Gladiator	20 5am Max Fit Boot Camp 9am Max Fit Boot Camp 8am Yoga with Lisa Family & Friends Special	21 8am Strong by Zumba 9am Yoga with Lisa 10am Backyard Fishing Bash 2pm World Down Syndrome Day 3:30pm Rodeo Resident Shuttle
22 9:00am Sol Brunch	23 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30/7pm Max Fit Boot Camp 6pm STRONG Zumba	24 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30pm Camp Gladiator 6:30pm Cub Scouts Kids Eat Free/Taco Tuesday	25 5/9am Max Fit Boot Camp Wing Wednesday 5:30/7pm Max Fit Boot Camp 6:15pm Pound Workout	26 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5pm Texas Thursday's 5:30pm Camp Gladiator	27 5am Max Fit Boot Camp 9am Max Fit Boot Camp 8am Yoga with Lisa Family & Friends Special	28 Family & Friends Special 8am Strong by Zumba 9am Yoga with Lisa 10am Meridiana Farmer's Market
29 9:00am Sol Brunch	30 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30pm Max Fit Boot Camp 6pm STRONG Zumba	31 5am Max Fit Boot Camp 9am Max Fit Boot Camp 5:30pm Camp Gladiator 6:30pm Cub Scouts Kids Eat Free/Taco Tuesday	1 5/9am Max Fit Boot Camp Wing Wednesday 5:30/7pm Max Fit Boot Camp 6:15pm Pound Workout			

EVENTS

-  Fitness Classes
-  Public Events
-  Resident Events
-  Café Sol Events

3.14.20

Meridiana 5K

Meridiana is excited to be partnering with the Explorer PTO for our first Meridiana 5K. Registration will be \$25 and the Run will begin at 8:30am. Email michelle@meridianatexas.com for more details.

3.21.2020

Backyard Fishing Bash

Meridiana will be hosting a Backyard Fishing Bash with Texas Parks & Wildlife instructor/volunteer Terry Smith at our Oasis Village from 10am-12pm 3.21.2020

3.28.20

Meridiana Farmer's Market

Meridiana will be hosting a Farmers Market on the 4th Saturday of every month! Shop local food, wellness, and product vendors from 10am to 2pm at our Oasis Village.