


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<i>Happy New Year!</i>	1 11:30 New Year's Brunch 1pm Fitness Challenge
2 8 am Bottomless Mimosa Bar + Brunch Virtual Book Club	3 10:30 Senior Chair Exercise 4:30pm ShyCour Tutoring 6pm Aerial Silks 7:15pm Yoga Class with Michelle.	4 9:30/10:30/11:30 Kindermusik 5:30pm Taekwondo 7pm Step Aerobics/7pm Camp Gladiator Teacher Tuesday 6pm Game Day at Sol	5 8am Coffee Hour 10:30 Senior Chair Exercise 4:30pm ShyCour Tutoring 6:15pm Pound Class 7:15pm Yoga with Michelle	6 Thirsty Thursday 5:30pm Taekwondo 7pm Camp Gladiator	7 8am Coffee Hour 6pm Movie Night	8 Family Feast Special Café Sol
9 National Hot Tea Month Celebrate by having tea or taking it home!	10 10:30 Senior Chair Exercise 4:30pm ShyCour Tutoring 6pm Aerial Silks 7:15pm Yoga Class with Michelle	11 9:30/10:30/11:30 Kindermusik 5:30pm Taekwondo 7pm Step Aerobics 7pm Camp Gladiator Teacher Tuesday	12 8am Coffee Hour 10:30 Senior Chair Exercise 4:30pm ShyCour Tutoring 6:15pm Pound Class 7:15pm Yoga with Michelle	13 Thirsty Thursday 5:30pm Taekwondo 7pm Camp Gladiator	14 8am Coffee Hour 6pm Food Truck Friday Meridiana Bunco Club	15 11-5 Iowa Colony Pioneer Fun Day 12-2 Chili & Gumbo Cook-off 6pm Music on the Patio
16 Virtual Book Club	Martin Luther King Day 17 10:30 Senior Chair Exercise 4:30pm ShyCour Tutoring 6pm Aerial Silks 7:15pm Yoga Class with Michelle	18 9:30/10:30/11:30 Kindermusik 5:30pm Taekwondo 7pm Step Aerobics 7pm Camp Gladiator Teacher Tuesday	19 8am Coffee Hour 10:30 Senior Chair Exercise 4:30pm ShyCour Tutoring 6:15pm Pound Class & Fun Day @Sol 7:15 Yoga with Michelle	20 Thirsty Thursday 5:30pm Taekwondo 7pm Camp Gladiator	21 8am Coffee Hour 7pm Meet Your Neighbor Mixer	22 10am-2:30pm Meridiana Community Blood Drive
23 National Pie Day! Have slice on us! Virtual Book Club	24 10:30 Senior Chair Exercise 4:30pm ShyCour Tutoring 6pm Aerial Silks 7:15pm Yoga Class with Michelle	25 9:30/10:30/11:30 Kindermusik 5:30pm Taekwondo 7pm Step Aerobics 7pm Camp Gladiator Teacher Tuesday	26 8am Coffee Hour 10:30 Senior Chair Exercise 4:30pm ShyCour Tutoring 6:15pm Pound Class 7:15pm Yoga with Michelle	27 Thirsty Thursday 5:30pm Taekwondo 7pm Camp Gladiator	28 8am Coffee Hour 3pm Coke Floats	29 10 -2 Farmers Market
30 Virtual Book Club	31 10:30 Senior Chair Exercise 4:30pm ShyCour Tutoring 6pm Aerial Silks 7:15pm Yoga Class with Michelle.	<ul style="list-style-type: none">  Fitness Classes  Public Events  Resident Events  Café Sol Events  Clubs/Classes 				

1.1.22 New Year's Brunch
Join us at 11:30am to enjoy mimosas and finger foods, while hearing words of inspiration and music by Tim. Later that afternoon at 1pm join our New Year's Challenge and experience presentations from our Fitness Instructors.

1.15.22 Iowa Colony Pioneer Fun Day
Stop by at 11am for local sports and camps, as well as bounce houses and food trucks!

1.15.22 Gumbo and Chili Cook-off
Come join in a friendly competition! Show off your cooking skills!

1.29.22 10am Farmer's Market
Enjoy a variety of fresh farm eggs, fruits, and vegetables, as well as a variety of homemade items